

Your med spa name:	
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Initial startup and setup costs

*List initial and setup startup costs, and change any of the items to ones that better fit your business

Type of cost	Quantity	Cost per unit	Total
Equipment (treatment beds, skincare devices, POS systems, laser machines, etc)			
Lease deposits			
Renovations or build-out			
Furnishings			
Inventory (skincare products, wellness supplies, etc)			
Licenses and permits			

Operational costs

(*Change any of the items to ones that better fit your business)

Fixed monthly costs			
Type of cost	Total cost		
Rent or lease			
Payroll (staff salaries)			
Utilities (electricity, water, Wi-Fi, security systems, cleaning services)			
Insurance			
Other			

Variable monthly costs			
Type of cost	Total cost		
Restocking inventory products			
Disposable medical items (needles, gloves, masks, etc)			
Marketing campaigns			
Seasonal hiring (if needed)			
Other			

Other costs			
Type of cost	Total cost		
Software subscription			
Website hosting			
Point of Sale (POS) fees			
Credit card processing fees			

Loan repayment and interest considerations

*Enter your interest rate and the monthly loan payment of your loan

Type of cost	Total cost
Loan amount	[e.g.\$100,000]
Interest rate	[e.g. 6%]
Monthly loan payment	[e.g. \$1,933]
Total repayment amount	[e.g. \$115,997]

Revenue and profit projections from services and retail sales

- *Break-even analysis: Calculate how many services you need to sell each month to cover all your costs, including loan repayments
- *Best-Case / Worst-case revenue projections: Show a high and low estimate, so you're ready for both good and slow months
- *Loan repayment: List the fixed amount you need to pay back every month for your loan
- *Expected revenue: List how much money you think you'll make each month based on bookings and sales
- *Cash flow: Track the actual money moving in and out each month to see if you're staying in the green or slipping into the red
- ***Profit:** What's left after paying all your costs (including the loan)

Break-even analysis

Metric	Amount
Fixed monthly costs Includes rent, staff, loan repayment, utilities, etc.	\$15,000
Average price per treatment	\$200
Average cost per treatment Includes products, consumables, and staff time per treatment	\$60
Profit per treatment (Price — Variable Cost)	\$140
Break-even point (treatments) (\$15,000 ÷ \$140)	107
Break-even revenue (107 treatments × \$200)	\$21,400

Worst-case vs. Best-case scenario

Metric	Worst-case	Best-case	
Estimated monthly bookings	80 bookings	150 bookings	
Average price per service	\$150	\$200	
Projected monthly revenue	\$12,000	\$30,000	
Monthly expenses (fixed + variable)	\$18,000	\$22,000	
Monthly profit/loss	-\$6,000	\$8,000	
Cash buffer needed?	✓ Yes	× No	
Loan repayment covered?	× No	✓ Yes	

Monthly cash flow

Category	Amount
Cash Inflows	
Service revenue	\$25,000
Product sales	\$3,000
Gift cards/memberships	\$2,000
Total Inflows	\$30,000

Cash Outflows	
Staff wages	\$10,000
Rent & utilities	\$4,000
Supplies/products	\$3,000
Marketing	\$1,000
Loan repayment (full amount)	\$1,933
Other expenses	\$1,500
Total Outflows	\$21,433

Net Cash Flow	\$8,567
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Revenue projections

Enter your projected revenue from services and retail sales:

Month	Loan	Expected	d revenue	Break-even revenue	Net cash flow	Profit (revenue-costs)
WOM	payment	Best-case	Worst-case			
January						
February						
March						
April						
May						
June						
July						
August						
September						
October						
November						
December						
Total						